Pop Tab Hannah Plarn Crochet Bracelet

SKILL LEVEL: Easy

MATERIALS:

- Crochet Hook – Size F
- 30 (or # needed to achieve size) clean, same size Pop Tabs
- Plastic Yarn:
  - Main color: Approximately 1 standard size plastic grocery bag
  - (Optional) Contrasting color for edging: Approximately 1/4 standard size plastic grocery bag
- Craft Needle

Important Note: *Not all plastic is made the same.* When using plarn, achieving the desired size or gauge is dependent on the texture, thickness and strip width of the plastic yarn.

MEASUREMENTS: (based on 30 pop tabs) Inside: 7 1/2” around / Outside: 10” around

CARE INSTRUCTIONS: Hand wash, air dry

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ABBREVIATIONS

<table>
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<tr>
<th>ch(s)</th>
<th>= chain(s)</th>
<th>sc</th>
<th>= single crochet</th>
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<tr>
<td>sl</td>
<td>= slip</td>
<td>sp</td>
<td>= space</td>
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<tr>
<td>st(s)</td>
<td>= stitch</td>
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**Designer Tips and Comments:**

- See ‘Tutorials’ for instructions on how-to:
  - Double Loop Cutting and Looping method
- Plastic in general is susceptible to ripping/tearing due to its very nature.
  - Weaving in ends - it is best to maneuver your craft needle in between stitches and not through a stitch to avoid splitting the plastic yarn.
- Design Alternatives –
  - Alternate opposite ends of pop tabs
- To avoid confusion with the pattern, the pop tab holes are referenced as Open and Edged.
- Pattern: 2 single crochet stitches in open hole, 3 single crochet stitches in Edged hole.

**Instructions:**

Row 1: With front of pop tab facing you join primary color with slip stitch in edged hole, chain 1, 2 single crochet stitches in same hole, 2 single crochet stitches in next hole. Chain 1, turn.

Row 2 – 30 (or # of rows/pop tabs to achieve size): Place 2nd pop tab on top of previous tab (working behind pop tab) and follow pattern through stitches of row 1 and 2nd pop tab. Chain 1, turn.
Edging (Optional):

Designer Note:

- Make sure to keep the slip stitches loose or the bracelet will be too tight to fit over the hand when finished. This is why edging is done before sewing bracelet ends together.
- This slip stitch method is to give the appearance of a straight line all the way around the inside.

Make a slip stitch loop. With front side of bracelet facing you, stick hook in end stitch and grab slip stitch loop from behind. Pull through to front then stick hook through the end stitch of next stitch over, pull over from behind and pull through loop on hook to complete slip stitch. *Repeat slip stitch across to last stitch. DO NOT FASTEN OFF, remove hook from stitch (make a big enough loop to avoid losing stitches). Repeat the same slip stitch steps on opposite side. DO NOT FASTEN OFF, remove hook from stitch (make a big enough loop to avoid losing stitches).

This is a good stopping point to measure the band around your wrist. Add more rows/pop tabs if needed. When desired length is achieved, fasten off leaving long enough tail to sew ends together.

Finishing: Form circle with bracelet by placing last pop tab row under 1st pop tab row matching stitch for stitch then stitch the 2 ends together as shown in the pictures below. Continue across until circle is complete. Weave in remaining ends.

Finish slip stitch pattern ending with 1st slip stitch made. Repeat for opposite side. Fasten off, weave in any remaining ends.

I hope you enjoy the pattern and I would love to see pictures of the bracelets you make.

Let me know if you have any questions.
**TUTORIALS**

**Double Strand Cutting and Looping:**

**Cutting Strips:** Lay the plastic bag out flat, straightening out the straps. Fold bag in half (folding bottom up even with the top) matching up the handles. Do this a couple more times for easier cutting. Cut handles off at the base. Cut bottom seam off. Just a sliver is all that is needed. Begin cutting strips the width necessary to meet your project/pattern needs. (Typically, strips are cut not less than 1”. 1½” to 2” are standard cut sizes.)

**Looping Strips Together:** Hang 2 strips from your hand. Using your opposite hand, reach through the middle of 1st strip and grab the bottom of the 2nd strip. Pull the 2nd strip through the middle of 1st strip. Drop the 1st strip from your hand. You now have what looks like a “T” as the 1st strip is hanging on top of 2nd strip.

Whichever hand you prefer, pull a strip through the center of strip on other hand. (In the picture below, the left hand went through the middle of strip in right hand.) Grab the strip that was pulled through and let go of other strip. Looking at the picture below, the right hand drops the strip it is currently holding and it will lay on top of the left hand. The right hand grabs the strip from the left hand. Using the available hand, grab the bottom strip and pull to make a knot. Your primary objective is to make as small knot as possible without breaking the strip. Breaking the strip is inevitable if you pull the strips too tight.

Continue adding new strips to the existing strip. NOTE: The new strip will always be pulled through the middle of the existing strip allowing the existing strip to be the ‘T’. Below are helpful tips:

- Make the knot as small as it will go. But remember, if you pull too tight, one of the strips will break.
- Make sure the 2-strand strips are even. There’s nothing more inconvenient when crocheting or knitting with plastic yarn then to have to work with extra plastic on one of the strips.
- When adding a new strip, on Step #7 - grab the previous knot made when pulling the new strip with the opposite hand to make the knot. This will help keep the 2-strands even.

**Forming the Ball**

The easiest way I have found to make a ball is put together your pointer and middle fingers. Place the plastic yarn tail between the fingers and begin wrapping the plastic yarn around both fingers about 5 times. Pull the wrap off the fingers then begin wrapping the plastic yarn around to start forming the ball. **Note:** To avoid tangles, start making the ball after a small pile forms from looping the strips together.